

HEALTH SCREENING

Knowing Your Health Matters



OUR DOCTORS



Dr. Muhammad Hiza Wardy
LRCPSI MB BCh BAO (NUI) Hons, MSc PHC
(Brunei), FRCGP [INT], GDip (Occ Med)

**Deputy Medical Director
Specialist General Practitioner
& Occupational Physician**



Dr. Hashmet Parveen
MBBS, PG Dip PHC, FRCGP [INT]

**Specialist General Practitioner
Head of Department**



**Dr. Josephine Paz Arocayos
Javina**
M.D., EM Trained (Phils)

**General Practitioner
Deputy Head of Department**



**Dr Nayake Bandaralage
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MBBS (SL), M.Med (Occupational Medicine),
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Occupational Health Specialist



**Dr. Hjh Nuraizan Aida
Mohammad Taha**
MB BCh, BAO, BMedSci (Ireland), PgDipPh (UK)

General Practitioner



Dr. Norhasyimah binti Mahadi
MBBS (IIUM), MAFP (Malaysia) FRACGP
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General Practitioner



Dr. Sahari Hamid
Bac. Sc. (Biomedic) (UPM), Nac. Sc. (Medic)/
MD (UPM), PGDFM (AFPM)

General Practitioner



Dr. Kristian R. Brucal

M.D., FPCEM (Phils)

General Practitioner



**Dr. Jewel Elaine Ocampo
Valencia**

M.D., EM Trained (Phils)

General Practitioner



**Dr. Noor Marzlin binti
Marzukhi**

MBBS

General Practitioner



**Dr. Zafarul Asyraf bin Suffian
Wee**

M.D.

General Practitioner



Dr. Marlon B. Marges

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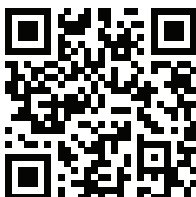
General Practitioner



Dr. Gonnle M. Alkemade

M.D., Ph.D

**Consultant Physician Internal
Medicine, Endocrinology and
Diabetes**





CLASSIC

BND 198

Consultation

- Consultation – Initial
- Consultation – Follow-up

Clinical Examination

- Body Mass Index (BMI)
- Body Fat Measurement/Analysis
- Visual Acuity
- Resting Electrocardiogram (ECG)
- Vital Sign
- Physical Examination

Laboratory Examination

- Full Blood Count
- Lipid Profile
- Renal Function Test
- Liver Function Test
- Fasting Glucose
- Urine FEME

Radiological Studies

- Chest X-ray (Posterior Anterior)



PREMIER

BND 308

Consultation

- Consultation – Initial
- Consultation – Follow-up

Clinical Examination

- Body Mass Index (BMI)
- Body Fat Measurement/Analysis
- Visual Acuity
- Resting Electrocardiogram (ECG)
- Vital Sign
- Physical Examination

Laboratory Examination

- Full Blood Count
- Lipid Profile
- Renal Function Test
- Liver Function Test
- Fasting Glucose
- Urine FEME
- Hepatitis B Screening
- Hepatitis C Antibody

Radiological Studies

- Chest X-ray (Posterior Anterior)



ELITE

BND 488

Consultation

- Consultation – Initial
- Consultation – Follow-up

Clinical Examination

- Body Mass Index (BMI)
- Body Fat Measurement/Analysis
- Visual Acuity
- Resting Electrocardiogram (ECG)
- Vital Sign
- Physical Examination
- Audiogram
- Lung Function Test

Laboratory Examination

- Full Blood Count
- Lipid Profile
- Renal Function Test
- Liver Function Test
- Thyroid Function Test
- Fasting Glucose
- Urine FEME
- Hepatitis B Screening
- Hepatitis C Antibody
- Glycated Haemoglobin (HbA1c)
- Microalbuminuria
- Faecal Occult Blood

Radiological Studies

- Chest X-ray (Posterior Anterior)



EXCLUSIVE MALE

BND 668

Consultation

- Consultation – Initial
- Consultation – Follow-up

Clinical Examination

- Body Mass Index (BMI)
- Body Fat Measurement/Analysis
- Visual Acuity
- Resting Electrocardiogram (ECG)
- Vital Sign
- Physical Examination

Laboratory Examination

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Lipid Profile
- Renal Function Test
- Liver Function Test
- Fasting Glucose
- Urine FEME
- Hepatitis B Screening
- Hepatitis C Antibody
- Faecal Occult Blood
- Liver (Alpha-Feto Protein)
- Pancreatic (19.9)
- Gastrointestinal – CEA (Carcinogenic Embryonic Antigen)
- Prostate Specific Antigen
- Epstein Barr Virus EA IgA (NPC Marker)

Radiological Studies

- Chest X-ray (Posterior Anterior)
- Ultrasound Abdomen



EXCLUSIVE FEMALE

BND 738

Consultation

- Consultation – Initial
- Consultation – Follow-up

Clinical Examination

- Body Mass Index (BMI)
- Body Fat Measurement/Analysis
- Visual Acuity
- Resting Electrocardiogram (ECG)
- Vital Sign
- Physical Examination

Laboratory Examination

- Full Blood Count
- Erythrocyte Sedimentation Rate (ESR)
- Lipid Profile
- Renal Function Test
- Liver Function Test
- Fasting Glucose
- Urine FEME
- Hepatitis B Screening
- Hepatitis C Antibody
- Faecal Occult Blood
- Liver (Alpha-Feto Protein)
- Pancreatic (19.9)
- Gastrointestinal – CEA (Carcinogenic Embryonic Antigen)
- SurePath Pap Test*
- Breast (CA15.3)
- Ovarian (CA125)

Radiological Studies

- Chest X-ray (Posterior Anterior)
- Ultrasound Abdomen & Pelvic

ADD-ON SERVICES

Blood Grouping

Vitamin D Total

Thyroid Function Test

Thalassemia Screening

Ultrasound Abdomen

Prostate (Men) or Pelvic (Women)

Optional Osteopenia / Osteoporosis

- Vitamin D Assay
 - CT Bone Densitometry (PQCT)
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Cardiac Screening

- Calcium Scoring (Cardiac CT)
 - 2D Echocardiogram
 - 24 Hour BP Monitoring
 - 24 Hour Holter Monitoring
 - Treadmill Test / Stress Test
-

Vaccination

- Annual Influenza Vaccination (Flu)
-

Diabetic Consultation

- Specialist Consultation by Endocrinologist
-

Dermatology Consultation

- Specialist Consultation by Dermatologist
-

Dietary Consultation

- Consultation by Dietician

TERMS AND CONDITIONS

- The content is accurate at the time of writing and is subject to change without prior notice.
- Medical advice and recommendations will be based on case findings, clinical investigations, medical history and personal profile.
- Additional tests may be recommended based on Clinical Judgement of our Doctors upon screening or medical examination which will be charged accordingly.
- Package inclusions are non-exchangeable with other services and any unutilized tests or services are non-refundable or will not be entitled to any further discount.
- Expected Health Screening Classic Package and Premier Package turnaround time is 24 hours.

PREPARATION BEFORE THE SCREENING

- Make an appointment with the Outpatient clinic.
- The patient is required to fast (only sips of water allowed and only when necessary) at least 12 hours prior to the appointment time unless otherwise advised.
- You may take your medication (with plain water at maximum 100ml) in the morning of your appointment. Bring along your medications / prescription in the case where there is an existing medical condition during the consultation with the doctor.
- For Audiogram service, it is advisable to avoid from being exposed to loud extreme noise at least 14 hours prior to the appointment.
- *To ensure SurePath Pap test is most effective, the patient shouldn't be menstruating and avoid sexual intercourse for 3 days. The best time to schedule your SurePath Pap test is at least 3 days after the end of your menstrual period.
- For newly registered clients, a one-time registration fee of BND10.00 and the original passport or identity card is required for the registration process which can be done at the Main Reception.
- Please be advised to arrive 30 minutes prior to appointment.



Any purchase of health screening packages will be entitled to receive the following:



Snack Voucher



One day single entry gym pass



20% discount Pharmacy voucher
(over the counter items)

*All vouchers are valid up to 1 month after screening

HEALTH SCREENING & PRE-EMPLOYMENT SERVICES

Monday to Friday 8.00am - 5.00pm

Saturday 8.00am - 12.00noon

GENERAL PRACTICE & URGENT CARE

Open 24 Hours

JERUDONG PARK MEDICAL CENTRE

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Emergency Line 261 2612 | 717 2172



Jerudong Park Medical Centre



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