

**STROKE AND
REHABILITATION**

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REHABILITATION MEDICINE

Rehabilitation Medicine is a specialist service focused on restoring function, independence and quality of life for individuals affected by injury, illness or chronic disabling conditions. Rehabilitation Medicine specialists provide comprehensive medical care across the rehabilitation continuum from early recovery to long-term management. They are skilled in the assessment and treatment of physical, cognitive and functional impairments affecting mobility, self-care, communication and participation in daily life.



Neurological Physiotherapy

Physiotherapy plays a crucial role in the recovery of patients with neurological conditions such as stroke, spinal cord injury, Parkinson's disease and other neuromuscular disorders.

Musculoskeletal Physiotherapy

Musculoskeletal Physiotherapy is a specialised area of physiotherapy that incorporates evidence-based practice to assess, treat and rehabilitate patients with pain and movement dysfunction, enabling them to regain maximum function and achieve their full potential, while maintaining general wellbeing.

Art Therapy

Art therapy is an established mental health profession that combines the creative process with psychotherapy, facilitating self-exploration and understanding to enhance emotional and psychological wellbeing.



Occupational Therapy

Occupational therapy is a client-centred health profession focused on promoting health and wellbeing through meaningful activities (occupations). The primary goal of occupational therapy is to enable individuals to participate in the activities of everyday life.

This may also involve modifying the activity or the environment to better support their participation and independence.

Clinical Psychology

Clinical Psychologists provide assessment and intervention for emotional, cognitive and behavioural concerns, including difficulties with cognition (e.g. disorientation, forgetfulness and inattention) and mood (e.g. anxiety, loss, grief and related concerns).

Speech And Language Therapy

A speech and language therapist is a specialist in the assessment and management of communication and swallowing difficulties.



Podiatry

Podiatry is a specialised healthcare service focused on the prevention, diagnosis, and treatment of conditions affecting the feet, ankles, and lower limbs. Services include treatment for foot pain, ingrown toenails, corns and calluses, fungal infections, diabetic foot care, sports injuries, and other foot-related conditions. Podiatrists also provide advice on footwear, foot health, and preventive care to help patients maintain mobility and overall wellbeing.

Prosthetics and Orthotics (P&O)

Prosthetics and Orthotics (P&O) services provide lower-limb prosthetic devices, as well as orthotic braces and supportive devices to improve mobility, function, and independence. Services include comprehensive assessment, fitting, rehabilitation and follow-up care to ensure optimal comfort, function, and long-term use.





GET IN TOUCH WITH OUR INTERNATIONAL PATIENT RELATIONS TEAM

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